



Uka Tarsadia University

Department of Humanities



Report on Faculty First Aid Kit: A Training for Faculty Advancement

Date: 23rd July, 2024

Timing: 03:30 PM to 04:30 PM

Venue: FDP Room

Total Number of Participants: 8

Trainer: Garima Ajayae

The "Faculty First Aid Kit" session aimed to provide faculty members with crucial tools to improve teaching and learning, cultivate positive relationships, and encourage professional development. Participants examined the fundamental duties of a faculty member, including instruction, research, and service. They deliberated on the distinct tasks linked to each domain and the significance of equilibrating these obligations.

Effective time management, boundary setting, cooperation, communication, technology use, and self-care were identified as crucial techniques for sustaining a good work-life balance. Participants acquired pragmatic strategies and methodologies to efficiently manage their workload. The training highlighted the significance of teamwork among faculty members. Participants deliberated on the advantages of collaboration, including enhanced student results, increased job satisfaction, and general well-being.

Effective communication was recognized as an essential talent for fostering robust partnerships. Participants examined the fundamental components of good communication, including open dialogue, active listening, empathy, and the comprehension of communication styles. The training emphasized the fundamental significance of respect, trust, and open-mindedness in creating a healthy and effective faculty culture. Participants deliberated on the significance of these attributes in fostering robust connections and cultivating a supportive atmosphere.

Participants participated in group conversations to examine real-world situations of curricular disputes and committee conflicts. They used the principles acquired in the training to develop tactics for conflict resolution and consensus building.

The primary takeaway from this session was that collaboration is essential. Collaborative efforts provide a more conducive atmosphere for students, teachers, and the department. Communication serves as the cornerstone. Transparent communication, attentive listening, and empathy enhance trust and cooperation. Respect, trust, and open-mindedness are vital; these attributes promote a constructive and effective faculty culture. Conflict resolution solutions have significant value. Proficient conflict resolution abilities facilitate the constructive navigation of differences and the attainment of mutually advantageous solutions.

The session successfully equipped faculty members with methods to improve their professional life and foster a more happy and productive department.



